

Defibs Save Lives

With Sudden Cardiac Arrest being one of the leading causes of death in Australia, having a defibrillator at a workplace, shopping centre or community club can make the difference between life and death. In December, Club Kilsyth and Club Ringwood installed a unit in each of their reception areas.

The easy-to-use units are designed to guide people through administering defibrillation shocks and CPR until assistance arrives. Clear voice prompts guide the user through administering defibrillation and CPR. All of our managers and supervisors have formal first aid training and have used their skills as first responders for medical emergencies, both at work and in the community.

Whilst we never hope to use them, it is comforting to know that in the event of an Sudden Cardiac Arrest, that this life saving equipment is available only seconds away.



CK Receptionist Jess, Above and CR Manager Jason Right: show off the location of the new defibrillation units.



THE FACTS: WITHOUT DEFIBRILLATION

For every minute that passes, the chance of survival reduces by 10%

<5%
survive

without early defibrillation with an AED, less than 5% of cardiac victims survive.

70%
**increase
in survival**

Defibrillation within the first few minutes of having a Sudden Cardiac Arrest, increases the chance of survival, to over 70%

