



Different Journeys

Over the past year, Different Journeys has presented a monthly event for teens who are on the Autism Spectrum. Hosted at Club Kilsyth, the group meets with the goal of empowering the ASD teens.

This group is for teens with high functioning Autism (ASD) and it is a great opportunity to eat out and meet new friends who have similar interests. The aim is to support teens with ASD in social settings.

The events provide them with a social platform that fosters an environment for them to create connections with fellow participants. These social events help the teens to build relationships and interact with their peers.

The Club creates a welcoming and consistent environment, empathic to many sensory nuances which young adults on the spectrum may experience.

Regular staff work the dinners and have formed familiar accord with the attendees. Staff including Anna, Ruby, Andrea, Ash, Elise, Paula and Jason, regularly work the dinners and have formed a bond with the group. Our staff members are also learning about traits which affect people on the Autism Spectrum.

The word 'spectrum' describes the range of difficulties that people on the autism spectrum may experience and the degree to which they may be affected. The main areas of difficulty are in social communication, social interaction

and restricted or repetitive behaviours and interests.

Held on the third Sunday of the month, the event initially started with a group of 30 people in February 2016 and has now grown to over 150 guests. Club Kilsyth assists the group by providing free room hire of the Canterbury and Colchester rooms.

Right: Staff Members Jason and Anna regularly staff the event

Time: 5-8pm

Where: Club Kilsyth

When: Third Sunday of the month

Contact: differentjourneys@gmail.com

Phone: 0490 774 068

Ages: 13 - 18 years

This group is for the teens and families as it also creates a setting for carers to meet, chat and obtain information. Parents/ Carers must be in attendance and supervise their teens at all times. Dinner and drinks at your own cost.



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TEENS ASD social group



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